Spice & Ginger

discovering food stories

A fresh taste of new food discoveries

From New York City to Paris!

Our recent trip to New York City was fantastic: we discovered wonderful places and tasted a lot of new flavors. From the moment I've been back, I've been writing about our delicious finds. 5 travel blogs and 11 recipes from this incredible city are nearly complete!

Currently, we're on a 3-day trip to Paris! I hope to return with plenty of new inspiration and delicious recipes to share with you. See you soon!

Recipes

This month is all about fish! I'm an big fan of fish dishes and fortunately, there are so many delicious ones from all over the world. In July, we celebrate one of my favorites: maatjes herring. If you're looking for something a little more exotic, try the Polynesian flambéed giant shrimp or the Peruvian sea bass ceviche.

Fresh maatjes salad

Good news: maatjes herring are in season right now! The salty, tender meat really melts in your mouth that way. Today, I'll share one of my favorite maatjes recipes with you: fresh maatjes salad!

Fresh maatjes salad

German matjes with red beet and apple

When my husband and I visited our daughter in Munich last summer, I had to have tasted the German version of maatjes herring: matjes. On the menu: matjes salad with beet and apple.

German matjes

Flambéed giant shrimp

Rum is not only a favorite ingredient in cocktails. It lends itself perfectly for cooking. This is a tasty dish that brings the sunshine right into your plate!

Flambéed giant shrimp

Sea bass ceviche

This Peruvian dish is one of my absolute favorites. During our trip through beautiful Peru I have tasted almost every variant!

Sea bass ceviche

Travel articles

Summer is finally here! Discover my guides for an unforgettable journey to India and a cultural and very tasty city trip to Milan. Looking for more travel inspo? Explore my blog for many more must-see and must-do activities from French Polynesia, Thailand, Peru, the United Kingdom and Italy!

Feeling & experiencing India 7 times

India is overwhelming, enchanting, beautiful. The people are warm, hospitable and deeply religious. Let me take you on a wonderful journey in 7 unique experiences

Discover India

Discover the top sights of Milan

A visit to Milan is really worthwhile. Many attractions are close to each other and you can easily cover a nice route on foot. These are the highlights!

Take a trip to Milan

Stay up to date!

Go check out all of our travel and food stories on the brand new website, or follow Spice&Ginger on social media.

Good travels!

Check out Spice&Ginger

Spice & Ginger

Spice&Ginger
Recipes and blogs by Elly Van Beveren
Photography by Didier Fattyn

You are receiving this mail because you came in contact with us through our previous projects.

Unsubscribe